Shower and Laundry Services

Practicing good hygiene is important – landlords are more likely to rent to you and employers are more likely to hire you if you smell good. But it can be difficult to prioritize taking a shower and doing laundry when you are working on finding a place to sleep or where you’re going to eat your next meal. To make it a bit easier, here are a few places that offer showers and laundry services around Uptown.

*Remember to ask your case manager for soap, shampoo, toothpaste, laundry detergent, shoe disinfectant and other hygiene supplies.*

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**North Shore Baptist Church**
5244 N Lakewood Ave
Chicago IL 60640
Phone (773) 728-4200

Homeless services from 9 am - 1 pm, Monday, Tuesday, & Thursday

Stop in at the front desk to ask about their showers. A towel and wash cloth are provided, but you will need to bring your own soap.

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**Heartland Health Outreach’s Homeless Service Center**
1015 W Lawrence Ave
Chicago, IL 60640
(773) 275-2586

Service Center from 8:30am-4:00pm Monday to Friday
Stop in at the front desk to ask about accessing a shower and laundry services. You will be asked to sign up for a 2-hour slot. Arrive early so you can reserve a time! When you return for your scheduled time, you will be provided a private room with a shower, toilet, sink and laundry machines.