

## Volunteer Opportunities

**Meals Program:** Contribute to the atmosphere of dignity and respect of Inspiration Cafe or The Living Room Cafe by cooking and serving meals in a restaurant-style manner.

- Cook (must be 14 or older)
- Organize a food drive
- Serve (must be 14 or older)
- Sponsor a meal/donate food

**Weekend Center Program:** Volunteers can contribute to the welcoming atmosphere of dignity and respect at our Weekend Engagement Center.

- Greet participants, serve snacks and drinks, pass out bag lunches, or engage in activities.
- Make and donate bag lunches (30-60)

**Art for All:** Provide support for our guests and alumni to enjoy cultural, artistic, and recreational events around Chicago.

- Donate Event Tickets/ CTA cards
- Coordinate a Movie/Games Night
- Sponsor an event (of your choice)

**Healthy Living Program:** Donate your time and energy to create healthier styles.

- Class instructor (yoga, nutrition, art therapy, theatre, creative writing, etc)
- Massage Therapy
- Bring your own ideas!

**Training and Employment Services:** Help our participants in their employment preparation, training, and job searching.

- Tutoring (pre-GED, reading, computer skills)
- Set up field trips or guest speakers for students in culinary program
- Resume Composition or instruction
- Assist in job searching
- Teach or co-teach cooking skills
- Mock Interviewer

**Office Assistance:** Join Corporation staff members keeping inspiration Corporation organized.

- Answer phones/Make phone calls
- Organize files
- Assist with mailings
- Database Entry
- Assist with a department that interests you

**Special Events:** Provide volunteer assistance at various special events and fundraisers.

- LaSalle Bank Chicago Marathon
- Anniversary Dinner
- One Inspired Evening
- Annual Holiday Party

**Financial Contributions:** Inspiration Corporation welcomes gifts and financial assistance.

- Create a fundraiser
- Donate a Wish List item
- Individual Contribution

**If you are interested in volunteering with Inspiration Corporation and want to sign up for a volunteer orientation, please contact us at [volunteer@inspirationcorp.org](mailto:volunteer@inspirationcorp.org) or 773-878-0981 ext 231**  
**Visit our website, [inspirationcorp.org](http://inspirationcorp.org), for upcoming orientation dates.**